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Our Mission

Sierra's mission is to foster youth development, physical fitness and emotional wellness by making the practice of Aikido accessible and affordable to all ages, 5 to 70+, across socio-economic levels and ethnicities in the San Francisco mid-Peninsula communities.

For our youth we apply the innate characteristics of Aikido to cultivate the personal strengths of self-confidence, focus, self-directed learning, teamwork, initiative, leadership and a strong sense of social responsibility.

Experienced teens become skilled mentors and teachers who serve in the community. Sierra's goal is to promote community integration by a constant flow between Sierra-sponsored locations of our members, instructors, interns and volunteers who train and teach throughout our service area.

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